# **SALMON LOIN 4 OUCES (PACIFIC)**

# **Description**

IQF Wild - Pacific Pink Salmon Loins, approx 113 g /4 oz

### **Benefits**

Vacuum packed to maintain freshness, High Liner Pink Salmon offers consistent high quality, superior flesh colour, menu flexibility, better portion control, less waste and a reduced risk of food contamination. Bake, broil, poach or pan fry. Loin: is the tenderloin, premium cut, a rectangular portion cut from the thickest part of the fillet. It is generally the lowest fat portion, with consistent thickness.

# **Preparation & Cooking**

FOR BEST RESULTS cook from frozen. Cook until a minimum internal temperature of  $158^{\circ}\text{F}$ 

(70°C) is reached. TO THAW place in refrigerator overnight. DO NOT THAW in warm water or at room temperature. DO NOT REFREEZE PRODUCT AFTER THAWING.

# **Serving Suggestions**

Serve in a Sunflower Seed Pesto sauce and vegetables cook with an Orange and Fennel glaze.

## **Packaging & Storage**

9-11 vacuum packed in sleeves per 4.54 kg / 10 lb corrugated master case. Keep frozen -18°C.

## **Ingredients**

Ingredients: Pink salmon loins, Water, Sodium phosphate (to retain moisture). Contains: Pink Salmon (fish).

#### Kosher

NOT\_KOSHER

Nutrition Facts	
Based on 113 (g) sample	
Amount Per Serving	
Calories	130
Total Fat	4.5g / 6%
Saturated Fat	1g / 5%
Trans-Fat	0g
Poly-Unsaturated Fats	2.5g
Omega6 Fatty Acids	0.2g
Omega3 Fatty Acids	1.5g
Mono-Unsaturated Fats	1.5g
Cholesterol	50mg
Sodium	135mg / 6%
Potassium	400mg / 9%
Carbohydrates	0g / 0%
Fiber	0
Sugars	0g / 0%
Protein	22g
Vitamin A	0%
Vitamin C	0%
Calcium	1%
Iron	2%