

# APPETIZER BEEF WELLINGTON MINI

## Description

Tender beef filet cubes sautéed with butter, mushrooms, and garlic, wrapped in a french style golden puff pastry.

## Benefits

No preparation required simple bake & serve! / Exceptional quality control and food safety. / Perfect for all types of events.

## Preparation & Cooking

NOTE: Prepare product from the frozen state. Remove all packaging prior to cooking. Cook until a minimum internal temperature of 165°F (74°C) is reached. Since appliances vary, the instructions below are guidelines only. OVEN: Preheat oven to 375°F (190°C) maximum. Place product, 1 inch (3 cm) apart, on a baking sheet and place on the center rack of oven. Bake for 20 to 25 minutes. Remove product from the oven and cool for 5 minutes before serving. MICROWAVE: Not recommended. COOK THOROUGHLY. INDIVIDUAL APPLIANCES VARY; THESE ARE GUIDELINES ONLY. DO NOT COOK IN MICROWAVE OVENS.

## Serving Suggestions

Serve as an appetizer.

## Packaging & Storage

Corrugated master case box. Must be kept frozen below -18°C

## Ingredients

INGREDIENTS: FILLING: COOKED DICED BEEF (BEEF, WATER, SALT, SODIUM PHOSPHATE), MUSHROOMS, SHALLOTS, BUTTER, LIQUID WHOLE EGGS, BEEF BROTH (WATER, ROASTED BEEF INCLUDING BEEF JUICES, SALT, FLAVOURINGS, POTATO FLOUR, CARAMEL COLOUR, CORN OIL, PAPRIKA), GARLIC, WHEAT BREADCRUMBS, PARSLEY. PUFF PASTRY: ENRICHED WHEAT FLOUR, CANOLA OIL, MODIFIED PALM OIL AND MODIFIED PALM KERNEL OIL SHORTENING, WATER, SALT, GLAZE (WATER, DRIED YOLK, CORN SYRUP SOLIDS, MODIFIED MILK INGREDIENTS, SALT), L-CYSTEINE HYDROCHLORIDE, YEAST, AMYLASE.

## Kosher

NOT\_KOSHER

## More Information

For more information, visit [www.gfscanada.com](http://www.gfscanada.com)

Nutrition Facts	
Based on 46 (g) sample	
Amount Per Serving	
Calories	130
Total Fat	8g / 12%
Saturated Fat	4g / 21%
Trans-Fat	0g
Poly-Unsaturated Fats	--
Omega6 Fatty Acids	--
Omega3 Fatty Acids	--
Mono-Unsaturated Fats	--
Cholesterol	20mg
Sodium	170mg / 7%
Potassium	--
Carbohydrates	10g / 3%
Fiber	0
Sugars	0g
Protein	4g
Vitamin A	15%
Vitamin C	2%
Calcium	0%
Iron	6%